

Therapeutics Today

A publication by the National Medicines Information Centre (NMIC)

June 2026



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Welcome to the June edition of Therapeutics Today. This month's issue will highlight information, including guidance and advice, recently published by various organisations. Readers are also reminded of previously published NMIC bulletins, which are available on our website www.nmic.ie.

We welcome any feedback or comments which can be provided using the feedback button below or by emailing the NMIC directly at nmic@stjames.ie.

Guidance and Advice

UK Specialist Pharmacy Service (SPS)

The SPS are a team of pharmacy professionals and support staff commissioned by NHS England to provide advice and guidance on Medicines Optimisation. Recent publications that may be of interest include:

[Embedding the safer use of insulin](#) - published 6th May 2026

[Switching doxazosin XL tablets to doxazosin standard tablets](#) - last updated 11th May 2026

[Managing peripheral oedema caused by calcium channel blockers](#) - last updated 26th May 2026

[Using chloramphenicol during breastfeeding](#) - last updated 27th May 2026

[Use of injectable medicines for multiple doses](#) - published 27th May 2026



[Learn more](#)

National Institute for Health and Care Excellence (NICE)

Evidence-based recommendations for the NHS and wider health and social care sector, developed by independent committees, including professionals and lay members, and consulted on by stakeholders.

[Acne vulgaris: management \[NG198\]](#) – last updated 30th April 2026

[Anaphylaxis: assessment and referral after emergency treatment \[NG258\]](#) – published 27th May 2026



[NICE Guidance](#)

Management of Migraine

Scottish Intercollegiate Guidelines Network (SIGN)

In Scotland, the development of evidence-based national clinical practice guidelines are sponsored and supported by the Scottish Intercollegiate Guidelines Network (SIGN), which was established in 1993.

[Pharmacological management of migraine](#) SIGN guideline [SIGN 155] – updated May 2026

This updated guideline provides recommendations on the acute and prophylactic management using pharmacological therapies or devices. The focus is on adults with acute migraine and preventative treatment in people with episodic or chronic migraine and medication-overuse headache.



[SIGN Guidelines](#)

Did you know?

Polycystic ovary syndrome (PCOS) has been recently renamed polyendocrine metabolic ovarian syndrome (PMOS). The following article may help to provide some background information:

Teede HJ, et al. [Polyendocrine metabolic ovarian syndrome, the new name for polycystic ovary syndrome: a multistep global consensus process](#). *The Lancet*. 2026 May 12. doi:10.1016/S0140-6736(26)00717-8.

HSE- Patient Safety Supplement (Paracetamol)

HSE Patient Safety Supplement about paracetamol for adult patients under 50kg and those with additional risk factors for hepatotoxicity

The Hepatology Team and Medication Safety Co-ordinator at St Vincent's University Hospital in collaboration with HSE Patient Safety Together, National Quality and Patient Safety (NQPS) have co-developed this Patient Safety Supplement (PSS) which aims to raise awareness among patients and healthcare staff of the risk of paracetamol-induced hepatotoxicity from standard doses of paracetamol in some adult patients.

[Paracetamol dosing for adult patients under 50 kg and those with additional risk factors for hepatotoxicity](#) - published on 11th May 2026



[HSE Patient Safety Together](#)

Medication Safety

Medication Safety Minute

Readers are reminded of the "Medication Safety Minute", a collaborative project undertaken by two hospital consultants and the Medication Safety Facilitator (a pharmacist) in St James's Hospital.

These bite-sized messages, which may also include short videos, are published every week and are available via X @[medsafetymin](#). Recent Medication Safety Minutes are linked directly below and include:

- [Malaria – 3 core prescribing principles](#)
- [Anticholinergic burden](#)
- [Methadone – loss of opioid tolerance](#)
- [Linezolid - myelosuppression and duration of therapy](#)
- [Adjustment of Apixaban for Non-Valvular A. Fib \(NVAf\) according to patient factors](#)



[Learn more](#)

Health Products Regulatory Authority (HPRA)

The Health Products Regulatory Authority (HPRA) [website](#) contains the latest regulatory updates on medicines and information on [medicine shortages](#), as well as access to all currently approved product information (e.g., [Summary of Product Characteristics](#) [SmPCs]).

The HPRA has recently published the following safety information updates:

[Ontozry \(cenobamate\): new requirements for liver monitoring due to reports of severe liver injury](#)

[Tyvens Capsules, hard - Introduction of a New Contraindication - Pheochromocytoma](#)



[HPRA Safety Notices](#)

Signposting

Recently published articles that may be of interest can be found below:

- Sanyaolu L, et al. [Update to the management of recurrent urinary tract infections in women aged 16 years and older](#). *Drug and Therapeutics Bulletin*. Published Online First: 2026 April 27. doi:10.1136/dtb.2025.000042.
- Strawbridge R, et al. [Pharmacological augmentation for people with treatment-resistant depression](#). *The British Journal of Psychiatry*. 2026 May 19:1-2. doi:10.1192/bjp.2026.10673.
- Fitzgerald RC. [Barrett's Esophagus](#). *New England Journal of Medicine*. 2026 Apr 29;394(17):1723-35. doi:10.1056/NEJMcp2506887.
- Husain N, et al. [Precision medicine in paediatrics: Progress and priorities](#). *British Journal of Clinical Pharmacology*. 2026;1-14. doi:10.1002/bcp.70573.
- Wiegman A, et al. [Familial hypercholesterolaemia in children and adolescents: a European Atherosclerosis Society consensus statement](#). *European Heart Journal*, 2026; ehag382. doi:10.1093/eurheartj/ehag382.

Did you find this month's Therapeutics Today informative ?



Please share any suggestions/comments that you might have!

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